

Edward T. Boyle Center

DECEMBER 2022



Finding joy isn't always an easy task even during the Holidays. Sometimes we fall into a negative slump especially when we look around at this world—the economy, crime, destruction and death lead the news headlines. But I recently heard a story of hope—one person

giving of themselves and making a difference.

While standing in line at the grocery store, I overheard the commotion that a customer's pin number wasn't working on their card. The older woman had taken the time to shop, had all their groceries bagged and had no other means to pay. The gentleman in front of me stepped up and paid for the person's groceries. The woman was humbled and so appreciative. In fact she was near tears at the kind generosity of the man. But my guess is that this gentleman was equally moved by the experience. He was able to give something of value to a stranger and in return felt the joy of giving.

The old adage, "its better to give than to receive," holds true, according to Melissa Goldberg, in "Exactly How to Find Joy Today—And Everyday." I understand many of you are on a tight budget these days, but that doesn't mean you can't find joy in giving.

Goldberg adds, To help you get started, here are a few suggestions: surprise a neighbor with freshly-baked treats, compliment the first person you speak to each day, leave a thank you note for your mail carrier, run an errand for an extremely busy friend or family member, hold the elevator door when you see someone running towards it, pass along a great book you've just finished reading, or pay for the coffee of a stranger in line.

Find joy in the little things this holiday season and in the coming year. Many of you bring me little moments of joy and for that I am very thankful.

Happy Holidays, Angelia Mack, Your Service Coordinator



Message from Management: Please note that the office will be closed Friday, December 23rd, Monday, December 26th and Friday, December 30th.



Christopher Community, Inc.

A non-profit development and management company specializing in housing for seniors, families, and the disabled in Upstate New York.

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Happening this month!

- 12/2 Angie's Social Hour
 - 12/4 Sing A Long with Dawn
 - 12/5 Birthday Bash Jeff & Dave
 - 12/7 Scat Van Trip
 - 12/7 Five Seasons Ukulele/Dessert Social
 - 12/8 Health & Wellness: EPIC
 - 12/9 Pfizer Booster
 - 12/12 Ziti Dinner & Elvis
 - 12/14 CNY Food Pantry
 - 12/14 Matt Chase & Pizza Party
 - 12/16 Scat Van Trip
 - 12/19 Christmas Party with Bob Piorun & Robin Munn
 - 12/27 New Year's Eve Party & Loren Barrigar
 - 12/28 Silver Song Birds & Pie
- **see inside for times and details

Boyle Senior Center, Inc., invites all senior citizens of Cayuga County to participate in its recreational, educational, cultural, and community service programs.

From the Program Office

The latest updates to get you through the week!

Monday- Thursday 8-11am
Coffee @ suggested donation
(2nd Floor Lobby) Cards &
Stamps for Sale

**Monday, Wednesday, &
Friday 1:30pm** Exercise with
Phyllis Tanner

Monday: 10am Walking Club,
(unless otherwise noted)—

Tuesday: 10am Art Class for
Seniors (\$2 donation)

Wednesday: 10am Blood
Pressure Checks (2nd floor
lobby)

Thursday: 10am Bible Study
(2nd floor card room)

Fridays: 10am
Get your Blood Work done,
(2nd Floor Lobby)

Entertainment this month:

Sunday, Dec. 4th
1pm Sing-a-long with Dawn

Monday, Dec. 5th
5pm Birthday Bash ; 6pm Jeff & Dave

Monday, Dec. 12th
4pm Ziti Dinner— Ziti, Bread/butter, dessert,
drink \$5 (please pay suggested donation by
8th)
5pm Elvis

Wednesday, Dec. 14th
3:30pm Matt Chase

Monday, Dec. 19th
3pm Christmas Party –Pot Luck
3:30pm Bob Piorun & Robin Munn

Tuesday, Dec. 27th
3pm New Year's Pizza Party \$5 (please pay
suggested donation by Nov. 23rd)
4pm Loren Barriger

Wednesday, Nov. 28th
Silver Song Birds

ALL entertainment is free of charge, food sales are to raise money for the Program office to continue to bring entertainment and events to the Boyle Center and are optional. To preorder for food events, please see Julie Howard on the 2nd Floor of the Boyle Center or call 315-253– 6178

Happy December Birthday!

12/9 Joyce Tanner 512
12/11 Henry Cooper 815
12/11 Debra Jayne 719
12/11 Nancy Klaben 320
12/11 Margaret Mazzeo 412
12/15 Lynda Tanner 405
12/29 Kenny Shaft 102



Wow, the 11th is very popular this month! Happiest Birthday Wishes Everyone!

Monthly Birthday Celebration for all the December Babies!



Please join us on Monday, December 5th. We will be celebrating all the Birthdays with cupcakes, soda, water, a sing along, trivia and PRIZES! 50/50 raffle. With Special performance by Dave Solazzo and Jeff Martin. Don't miss this, its for you!!

Here are some other December birthday fun facts that are fun to share:

- As you well know, you share your birth month with a ton of festive religious holidays, such as Christmas, Hanukkah, and Kwanzaa. It's like the whole month is lit up in your honor!
- The birthstone of December is the turquoise, which represents prosperity, success, and good fortune.
- December's flower is the narcissus, which symbolizes rebirth and respect.
- The zodiac signs associated with December are Sagittarius (Nov. 22-Dec.21), which is characterized as extroverted and optimistic, and Capricorn (Dec. 22-Jan. 19), which can be described as professional and organized. Which one are you?
- Monthly observances during December include Universal Human Rights Month and Read a New Book Month. Time to snuggle up with your Kindle and learn about the world around you!
- Celebrity birthdays in December include : Woody Allen (12/1), Lucy Liu (12/2), Walt Disney (12/5), Larry Bird (12/7,) Frank Sinatra (12/12), Bob Barker (12/12), Taylor Swift (12/13), Jamie Foxx (12/13), Vanessa Hudgens (12/25), Ludwig van Beethoven (12/16), Samuel L. Jackson (12/21), Sir Isaac Newton (12/25) and comic book icon, Stan Lee (12/28).

Although it may be cold outside, may you stay warm and happy on your birthday and throughout the holidays!

December Birthday Fun Facts. November 30. By American Greetings. <https://www.americangreetings.com/blog/december-birthday-fun-facts/>

A Note from the Service Coordinator:

Health & Wellness



Elderly Pharmaceutical Insurance Coverage or better known as EPIC provides secondary coverage for Medicare Part D and EPIC-covered drugs purchased after **any Medicare Part D deductible is met**. EPIC also covers approved Part D-excluded drugs once a member is enrolled in Part D.

EPIC eligibility guidelines are simple:

- New York State resident age 65 or older
- Annual income below \$75,000 if single or \$100,000 if married
- Enrolled or eligible to be enrolled in a Medicare Part D plan (no exceptions)
- Not receiving Medicaid

On **Thursday, December 8th at 1pm** Michele Shultis an EPIC outreach coordinator will be here to do a presentation on the eligibility, benefits and applications will be on hand.



The Covid-19 Booster Shot will be available from Wegmans Pharmacy on **Friday, December 9th from 10:30am-12:30pm in the card room on the 2nd floor**. You must **sign up** for the **Pfizer Bivalent Booster** on the glass case in the community room and be eligible:

1. You have completed your primary series and it has been at least 2 months since your last COVID-19 vaccine dose.
2. It doesn't matter which manufacturer you have used in the past.
3. If you have had Covid-19 recently, you should wait 3 months before getting boosted.

****Any questions check with YOUR doctor.****



The CNY Food Bank will deliver on **Wednesday, Dec. 14th at 9:30am.** Food will be available in the community room for your shopping convenience. **Please come with a grocery bag or two and help yourself to the foods you will consume. If you need a whole box, no problem-grab a cart or bring your own shopping cart.**

Any left over food will be distributed to the local food pantry. If you have any questions, call Angelia 315-370-5938.

Upcoming Scat Van Trips

December 16th 10am –1pm
Burlington Coat Factory \$10
Carousel Mall



December 7th
10am -1pm
Sauder's
Market \$8

Please sign up in the community room and prepay with Angelia Mack.

New Resident
Welcome 

Betty Minnoe 621
(Welcome Back!)



Home Sweet Home

*****If you moved into the Boyle Center and **have not** come to a new resident meet & greet please join us on 2nd floor in the card room on **December 13th at 1pm.** Meet your floor captains and learn some important things about the Boyle Center. *****



Thou Shalt Not Steal!

Not only one of the Ten Commandments, but it is a moral fiber of our community. When I was five years old I remember stealing a package of certs from Fays drug store. I was with my grandmother. She marched me right back into that store and made me give them back to the store clerk and apologize. I also had to tell my parents, but worst of all I knew I had disappointed my grandmother and I was humiliated. I never stole another thing.

Unfortunately, there is a thief among us. I have had a few complaints that items used for decoration have been stolen from their apartment door, outside the elevator on a floor, and from the library.



WHY?!

You know what's missing—a little blue bird, an adorable decorative white cat, a wreath, plastic storage totes from the garage sale. You know who you are! Do the right thing!

Please return the items to their original place or leave them in front of my office door. No questions will be asked, the items will go back to their owners and life will go on BUT hiding the items in your apartment benefits no one.

Use caution when displaying items that are important to you, unfortunately not everyone learned not to steal as a child.

On a positive note! Betty Minnoe has returned to the Boyle Center and with her comes great ideas. She would like to see some of the pre-covid activities start again.



Diet Club returns to Wednesdays at 10am. Join like minded people in a judgement free zone to support one another in a healthy weight loss plan. Weigh in, share recipes, exercise tips and encouragement each week. Bring \$1 per week and the participant with the most weight loss the following week will win the cash! The more participants the higher the winnings. If you would like to participate and have questions call Betty Minnoe at 315-730-0541, or come to the first meeting on **Jan. 4th at 10am in the card room on the 2nd floor.** (Don't worry if you need to get your blood pressure checked you can always do that as well— just down the hall.)



Saturday Night=Game Night, with Pizza of course! Many of us like to play cards; Left Right Center; Yahtzee or whatever your favorite game is. Betty will be in charge of ordering the pizza each week, BUT if you want to participate please sign up and **pay \$2 on Fridays at 11am** in the community room. **Starting Friday, January 6th at 11am you can sign up for Pizza, for our first Game Night of 2023, Jan.7th at 6pm.**



Merry Christmas



UWELKNI WTSI FSI I
RATSKFMERRYNA CR
YKGM AHOLLYDNACF
LPADDHOLI DAYDFZ
LESMCKSXRI BBONI
OELFFSSAMTSI RHC
JNFGI NGERBREADT
RUDSTOCKI NGADNY
ZBSAKWI REI NDEER
PETNZFDRA CI MHRT
ZDHTVLEGEFABOXO
FNGACARWENVNBBY
MWI KI KQPRESENTS
QMLKWEBOTVZWCVV
ENACYDNACUEOXCL

CHRISTMAS
SANTA
HOLIDAY
TREE
ORNAMENT
PRESENTS
HOLLY
SNOWFLAKE
RIBBON
CANDY
GINGERBREAD
CARD
JOLLY
MERRY
ELF
TOYS
CANDYCANE
STAR
STOCKING
LIGHTS
TWINKLE
REINDEER