

# May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	May Day 1	2	3	4	Cinco de mayo 5	6
	11:30am Exercise <b>5pm Birthday Bash</b> <b>5:30 Bob Piorun, Jeff Martin &amp; Julie Howard</b>	10am Art Class with Angie \$2 2:30pm Chair Yoga	10am Blood Pressure 11:30am Exercise <b>1pm Angie's Social Hour</b>	10am Women's Bible Study*Card Room	10am Blood Work 11am Sign Up in for Pizza/game night for Sat. \$2 11:30am Exercise	6pm Game Night & Pizza
7	8	9	10	11	12	13
2pm Social Hour in Library-Bring Snack to share	11:30am Exercise <b>2:30pm Pizza \$5</b> <b>3pm Donna &amp; Mark</b>	10am Art Class with Alice Jordan\$2 <b>10am New Tenant Meeting</b> 2:30pm Chair Yoga	<b>9:30am CNY Food Box</b> 10am Blood Pressure 11:30am Exercise	10am Women's Bible Study*Card Room	10am Blood Work 11am Sign Up in for Pizza/game night for Sat. \$2 11:30am Exercise	6pm Game Night & Pizza
14	15	16	17	18	19	20
<b>Happy Mother's Day</b>	11:30am Exercise <b>4:30Hamburger Dinner \$7</b> <b>5:30 Bob Sealy</b>	10am Art Class with Angie \$2 2:30pm Chair Yoga	10am Blood Pressure 11:30am Exercise	10am Women's Bible Study*Card Room <b>1pm Diabetes Management w/RN Veron Gaines</b>	<b>10-1 Scat Van to Sauder's</b> 10am Blood Work 11am Sign Up in for Pizza/game night for Sat. \$2 11:30am Exercise	<b>3pm Pony Visit</b> 6pm Game Night & Pizza
21	22	23	24	25	26	27
2pm Social Hour in Library-Bring Snack to share	11:30am Exercise <b>4pm Zita Dinner \$5</b> <b>5pm Elvis</b>	10am Art Class with Alice Jordan\$2 2:30pm Chair Yoga	10am Blood Pressure 11:30am Exercise	10am Women's Bible Study*Card Room <b>2pm Joe Trianfero is back! Thank You Silver Song Birds!</b>	<b>10-1 Scat Van to Del lago</b> 10am Blood Work 11am Sign Up in for Pizza/game night for Sat. \$2 11:30am Exercise	6pm Game Night & Pizza
28	29	30	31			
2pm Social Hour in Library-Bring Snack to share	<b>Memorial Day (Offices Closed)</b>	No Art Class No Yoga	10am Blood Pressure <b>2:30 Pie/drink sales</b> <b>3pm Silver Song Birds</b>			